

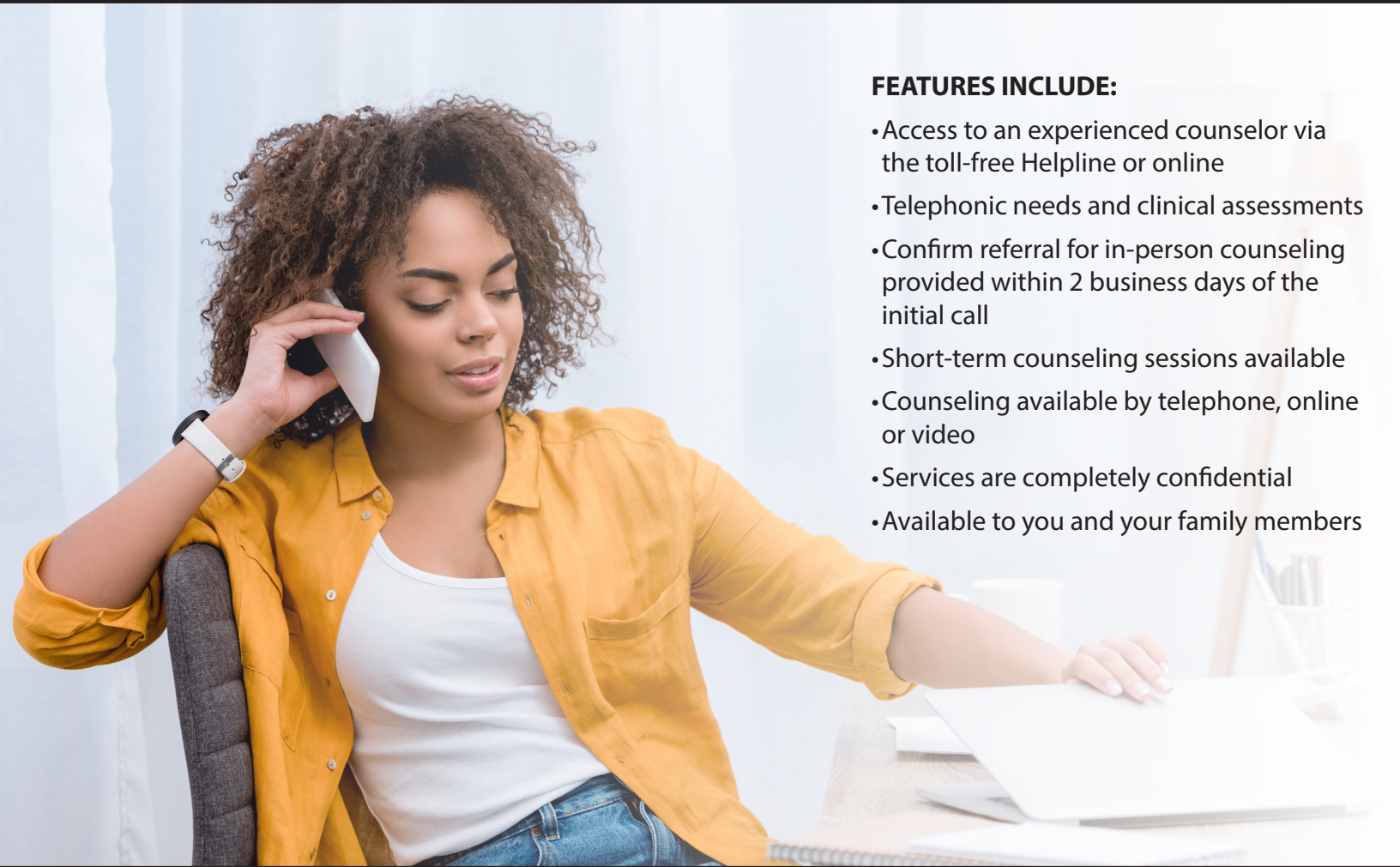
Employee Assistance Program

SHORT-TERM COUNSELING



FEATURES INCLUDE:

- Access to an experienced counselor via the toll-free Helpline or online
- Telephonic needs and clinical assessments
- Confirm referral for in-person counseling provided within 2 business days of the initial call
- Short-term counseling sessions available
- Counseling available by telephone, online or video
- Services are completely confidential
- Available to you and your family members



We understand that life can be hectic and demanding. We also understand that issues such as anxiety, depression, career stressors and marital/family stressors can add further stress to your already busy life. Thankfully, your Employee Assistance Program (EAP) is here to help.

You may speak with one of our professional counselors by calling the toll-free Helpline. The counselor will assess your needs, provide a clinical assessment if appropriate and make recommendations for assistance.

We encourage you to call your EAP today for free, confidential counseling and work/life referrals for you and your family. Let us help you regain your balance.



888.RediMD5 or 888.733.4635



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